

3-3-1,4

Expressing Feelings

Grade Level	Third
Minimum Time Required	30 Minutes
Materials/Resources	<u>We Can Get Along</u> by Lauren Murphy Payne, Paper/Pens
Subject Area(s)	Guidance

Project Description:

1. Introduce the lesson by talking about things to do when you feel angry or sad. Remind students that feelings are not bad but sometimes we react in bad ways.
2. Ask students to listen to the story and try to remember the ways the characters responded to feelings.
3. Read and discuss the story "We Can Get Along" with the students
4. List on the board some good ways to handle feelings and some inappropriate ways to handle feelings.

Career Development Standard	Awareness of the importance of growth and change.
Career Development Indicator	Identify ways to express feelings. Identify and select appropriate behaviors to deal with specific emotional situations.
Delivery Level	Introductory
Academic Standards	
Language Arts	3.3.c Determine ways to organize oral/visual information for later recall.
Employability/SCANS Skills	Personal Qualities Thinking Skills Basic Skills
Assessment/Rubric	Each student will list at least three appropriate ways and three inappropriate ways to handle anger, sadness, etc..

Submitted by: NCDG Elementary Group